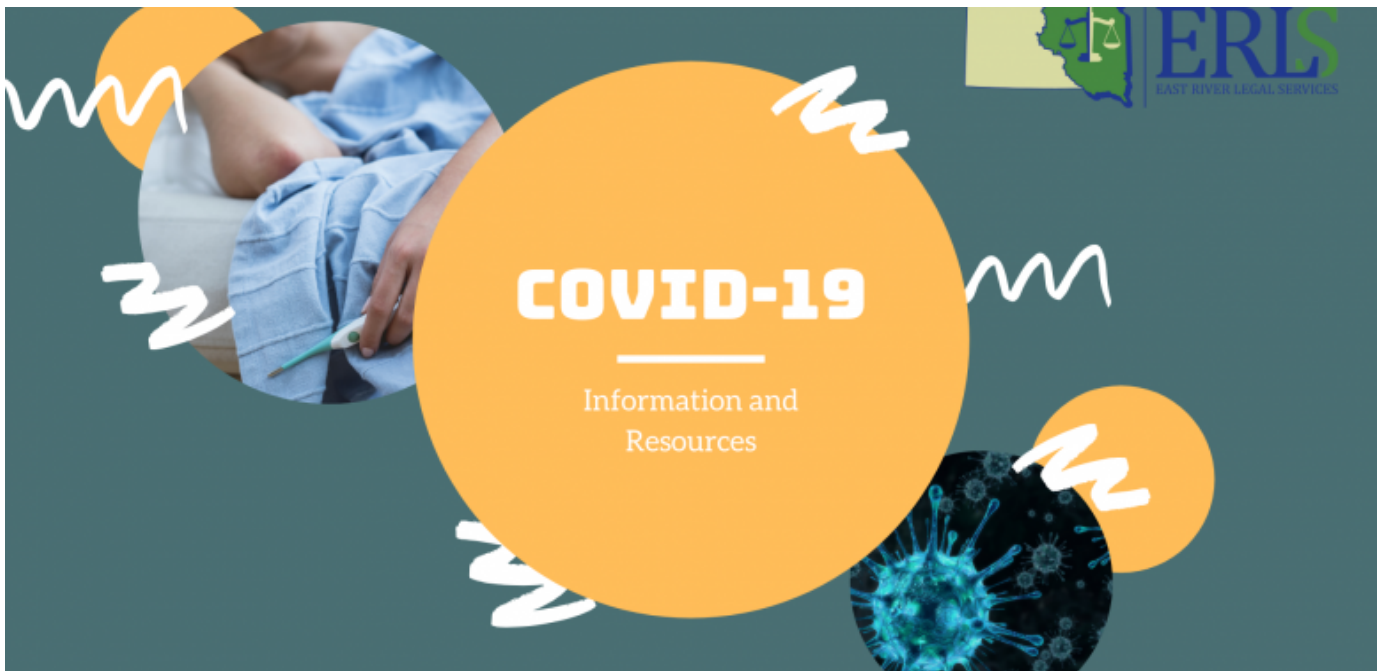


COVID-19 Information and Resources



As the COVID-19 crisis has evolved, more information and resources for those affected have become available. Below is a list of important resources to help you and your family during this time.

Below is a list of resources available during the Covid-19 closures in Sioux Falls and surrounding areas.

South Dakota Department of Health Covid-19 Priority Groups

[See what group you fall into for receiving the vaccine.](#)

**** NEW ** COVID-19 Drive-Thru Mass Testing Events**

*The laboratory eTrueNorth will be conducting the tests and providing results. After registering, individuals will receive an appointment and a **test voucher that must be printed and brought to the testing site**. People without appointments will only be tested if time slots are not full.*

General Resources

<https://www.helplinecenter.org/2-1-1-community-resources/helplist/>

CDC Information

Here are some answers to frequently asked questions about the Coronavirus, such as how it spreads, what common symptoms are, and how to protect yourself:

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>

The CDC has given guidance on whether it is safe to travel within the US, and has advised non-essential travel and to stay away from places with community spread of Coronavirus or travel that involves being in close contact with others:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>

Senior Mental Health

The COVID-19 pandemic has dramatically changed our lifestyles, and it has made seniors even more vulnerable to a problem that was already a crisis in the US: isolation, loneliness, and mental health struggles among our seniors.

<https://www.medicareadvantage.com/resources/senior-guide-to-mental-health-during-covid-19>

School at home (K-12)

HUGE list of amazing educational resources

<http://www.amazingeducationalresources.com/>

Scholastic Learn at Home <https://www.scholastic.com/teachers/teaching-tools/articles/resources/scholastic-learn-at-home--free-resources-for-school-closures.html#>

Food/meals

Food pantries <https://www.foodpantries.org/ci/sd-Sioux%20Falls>

School breakfast and lunch meals <https://www.coronahelpsf.com/fooddistribution>

Delivery of household necessities – detergent, diapers, t. paper, hygiene products, food <https://www.coronahelpsf.com/deliveries>

Mental health and anxiety

Local Mental health resources <https://www.helplinecenter.org/2-1-1-community-resources/helpsheets/covid-19-and-your-mental-health/>

Mental health https://peak-resilience.com/blog/2020/3/15/covid-19-amp-your-mental-health-a-comprehensive-resource-guide?fbclid=IwAR2ORZVGIZxc4w-nf1d-W7PVRkkVNNi_z72p0kM_TPhQobgN7QyXAhseb7k

Meditation apps for kids <https://www.common sense media.org/lists/meditation-apps-for-kids>

National Alliance on Mental Illness (NAMI) <https://www.nami.org/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus>

CDC - Mental health and coping COVID-19 <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

Financial

Economic Impact Payment IRS and Other Resources - [View](#)

COVID-19 Relief Fund <https://www.siouxfalls.org/news/2020/03/17/relief-fund>

One Sioux Falls fund – rent/mortgage assistance. There has been a fund established in the Sioux Falls area for those unable to pay rent and other expenses due to the impacts of the Coronavirus that do not qualify for federal housing assistance:

<https://www.helplinecenter.org/2-1-1-community-resources/one-sioux-falls-fund/>

Income Tax Relief - <https://www.irs.gov/coronavirus>

Community

City of Sioux Falls <https://www.siouxfalls.org/covid19>

Better Together Sioux Falls Facebook group
<https://www.facebook.com/groups/795082001002486/>

Local Sioux Falls churches have also come together to bring food and supplies to those in need during the pandemic. Follow this link to request assistance or to volunteer in the distribution efforts: <https://www.coronahelpsf.com/>

Employment

Reemployment Assistance (formerly Unemployment Insurance) due to COVID-19

https://dlr.sd.gov/ra/covid_19_ra_eligibility.aspx

Job opportunities <http://opportunitiesf.com/job-opportunities.cfm>

Government agency resources https://dlr.sd.gov/covid_19_resources.aspx

Legal

East River Legal Services (civil legal issues) - www.erservices.org

Access to Justice State Bar Pro Bono Program (civil legal issues) - www.statebarofsouthdakota.com/access-to-justice

South Dakota Network (domestic violence) - <https://sdnafvsa.com/home/>

Ask Questions to SD lawyers anonymously - SD Free Legal Answers - <https://sd.freelegalanswers.org/>

Entertainment - virtual tours while social distancing

Museum tours <https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

Zoos and aquariums, museums and theme parks

<https://www.goodhousekeeping.com/life/travel/a31784720/best-virtual-tours/>

Questions about COVID-19???

COVID-19 Information Line - <https://covid.sd.gov/> or call #1-800-997-2880

Apply for Legal Assistance

Legal Services offices are limiting staff interaction with applicants and clients for the safety of our staff and clients, we are taking in applications for legal assistance online at <https://www.sdlawhelp.org/apply>

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